

Class of 2023



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The N-Level examination is not the destination.

It is part of your education journey.

Dear students,

You have worked hard to reach this stage. Let's celebrate your efforts!



Finally, we are going to get our results!



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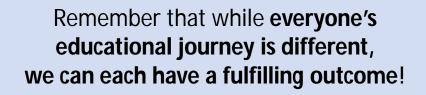
Celebrate Efforts

The N-Level is a culmination of years of hard work and perseverance.

Let's celebrate our efforts regardless of the results.

Let's mark the end of the academic year by reflecting together on all our previous successes in school and the challenges we have overcome!







Thinking about Your Next Step?

Consider these questions!

Where do I want to go?



How Do I Get There?

Resources to help you make informed decisions



MySkillsFuture Student Portal

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices.

Use the information and tools to explore various education and career pathways and take charge of your future.

Where can we find more information?



https://go.gov.sg/mySFsec



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Resources to help you make informed decisions





https://go.gov.sg/whats-next-nlevel

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Resources to help you make informed decisions

Post-Secondary Education

Learn more about the admissions exercises and programmes



https://moe.gov.sg/post-secondary/admissions

Learn more about the post-secondary education institutions



https://moe.gov.sg/post-secondary/overview

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Resources to help you make informed decisions

Explore different jobs and industries with On My Way (OMW).

Find out if your career goal and educational pathway match your interests, values and ambitions. https://www.nyc.gov.sg/omw/home



know it all provides consolidated information about different jobs and industries - key responsibilities, skills, career paths and more!



A Day in the Life of a Food Technologist

DAY IN THE LIFE
takes you into the lives of
different professionals and
give you a glimpse of their
jobs and what it entails
through the medium of
videos.



TASTER PROGRAMMES are micro-experiences of different job roles that allow you to get a taste of working life and help you decide what to study to achieve your career aspirations!



on my way

Concerned about your next steps?

Stop

• Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the N-Level is one part of your life journey and not the destination.

Do

- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision and take action based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

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Reaching out for help is a sign of strength, not weakness.

If you have any questions about your options or are not coping well, do reach out to someone you trust and speak with them. It could be a parent/guardian, teacher, ECG Counsellor, School Counsellor or a friend that you can talk to.





Support is readily available for you.

Reach out to an ECG Counsellor!

Who can we go to for ECG advice?



Make an appointment to speak with your ECG Counsellor in school.

OR

Make an ECG counselling appointment via the ECG Centre @ MOE (Grange Road) at https://go.gov.sg/moe-ecg-centre



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D Deliberately avoiding others Increased irritability, restlessness, agitation, stress and anxiety Keep a lookout for Sending or posting moody messages on social some of these signs Talking about death or dying in your peers or in yourself Reacting differently or gradually losing interest in things they used to like R Eating more than usual or having a much reduced appetite How can we Sleep pattern changes with difficulty falling asleep or oversleeping support one S another? Slowing down of energy levels If you notice any of these signs in yourself or your friends, have a chat with your school counsellor or teacher Or contact SOS 24-hour hotline at 1-767 or 1800-221-4444

Supporting Your Friend

We may each experience different emotions upon receiving the results. You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



Keep a lookout for your friends in distress. You can support them in the following ways:



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Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.



Community Health Assessment Team (CHAT)

If you experience prolonged difficulties, CHAT provides personalised and confidential mental health checks and face-to-face consultation for youth aged 16 to 30. To speak with a youth support worker, you can:

Visit: CHAT Hub at *SCAPE, #05-05 Call: 6493 6500/ 6501 Email: CHAT@mentalhealth.sg eC2

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Youths may chat with a counsellor online at: www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms. Scan the QR code below for a helpful resource.



SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide. Call: 1767

(24-hour helpline)

Whatsapp: 9151 1767 (24-hour Care Text)

Community Health Assessment Team

(CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker,

Visit: CHAT Hub at *SCAPE, #05-05 Call: 6493 6500/6501 Email: CHAT@mentalhealth.sg

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and well-being. Find out more at:



TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: 1800-377 2252 Monday-Friday (Excluding Public Holidays): 9am – 6pm

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: https://carey.carecorner.org.sg/

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

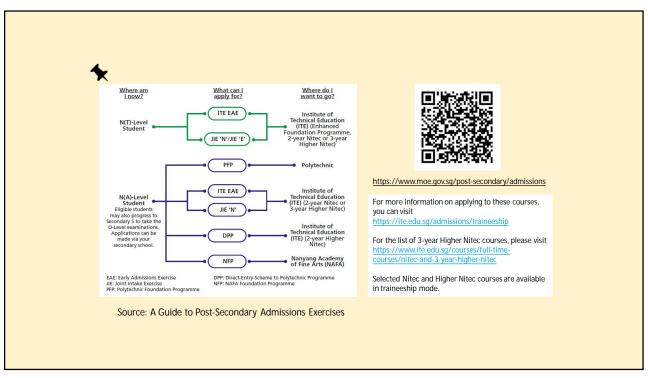
Chat with a counsellor at: www.ec2.sg Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

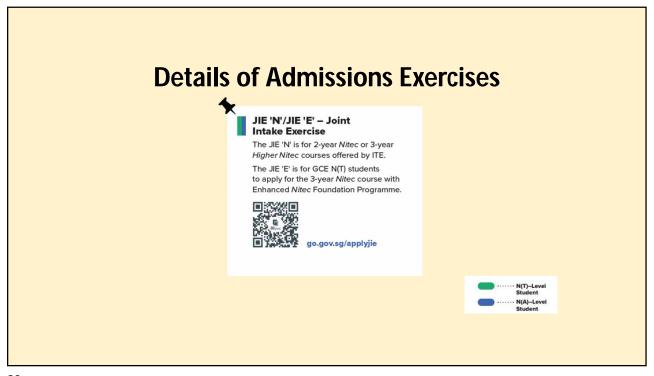
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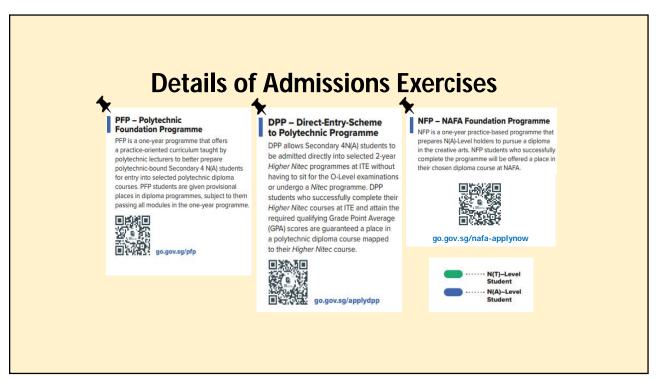
Admissions Exercises

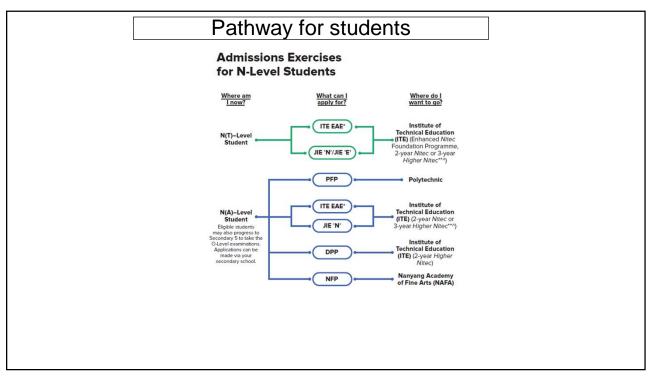
Things to note











Secondary 5N(A) for O-Level 2024

- (a) <u>ELMAB3</u> aggregate score of <u>19</u> points or less; and
- (b) At least a Grade 5 for all subjects used in the computation of ELMAB3.

(Subjects graded 'U' will not be considered)

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To Do – For 5NA (2024)

- (a) Students who wish to go to 5NA (2024), please proceed to the Lecture Theatre (LT) after result release at 3.30pm for a short talk by Mdm Devi
- (b) Inform your FT on your decision to go to 5NA by **22 Dec (Fri), 12pm**
- (c) Report to North Vista Secondary on 2 Jan 2024 (Tue)

Institute of Technical Education (ITE)

TO DO:

- (a) Submit application for course (ITE application portal) between 18 Dec (Mon) 2.30pm 21 Dec (Thur) 5pm
- (b) Courses under Aptitude-based Admissions check interview details via ITE application portal on 22 Dec (Fri), 2pm
- (c) ITE posting results check online via ITE application portal: 29 Dec (Fri), 9am
- (d) Accept/reject offer by: 29 Dec 2023 (Fri), 9am to 3 Jan 2024 (Wed), 11.59pm

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Direct-Entry-Scheme to Polytechnic Programme (DPP) - for 4NA only

- Sec 4N(A) students who obtain an <u>ELMAB3 aggregate of</u> <u>19 points or less</u> have the option of enrolling in the <u>DPP at</u> ITE.
- Students accepted into the DPP will enrol directly into Higher NITEC (Higher National ITE Certificate) courses at ITE and are subsequently guaranteed a place in a polytechnic diploma course mapped to their Higher NITEC, subject to them meeting the Grade Point Average (GPA) requirements.

To Do - For DPP

- (a) Apply for DPP via ITE application portal: 18 Dec (Mon) 2.30pm – 21 Dec (Thur) 5pm
- (b) Check posting results online ITE application portal on 22 Dec (Fri), 2pm

 <u>To accept/reject DPP offer</u>: Log on to ITE application portal: 22 Dec (Fri),2pm to 27 Dec (Wed),11.59 pm
- (c) Accept/reject/ by 27 Dec (Wed), 1159
- (d) If you do not accept the offer, or do not have a confirmed place in DPP, you will need to report to NV on 2 Jan 2024 for Sec 5NA

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Polytechnic Foundation Programme (PFP)

ELMAB3 aggregate of <u>12 points or less</u> and meet subject-specific Minimum Entry Requirements

- 1-year foundation programme offering a practice-oriented curriculum taught by polytechnic lecturers
- PFP students are given provisional places in diploma programmes, subject to them passing all modules

^{*}Being eligible to apply for the DPP does not guarantee a successful placement in a DPP Higher NITEC course.

To Do - FOR PFP

- (a) <u>Applications for PFP will open in Jan 2024</u>, on the <u>day of the GCE</u> <u>Ordinary-Level (O-Level) Examinations results release</u>.
- (b) Candidates eligible for the PFP will receive a copy of <u>Form P</u> on the same day, inviting them to apply for the PFP.
- (c) Apply for PFP after GCE O-Level result release (in Jan)
- (d) Students interested in applying for PFP should first report to NV on 2 Jan 2024 (Tue) for Sec 5NA while awaiting notification and confirmation of a place in PFP.
- (e) Students who accept their PFP offers will withdraw from Sec 5 by end Jan 2024

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Provision of Education and Career Guidance (ECG) services

Candidates are encouraged to explore the range of education and career pathways available to them to make informed decisions about their next steps. Refer to the following websites for more information:

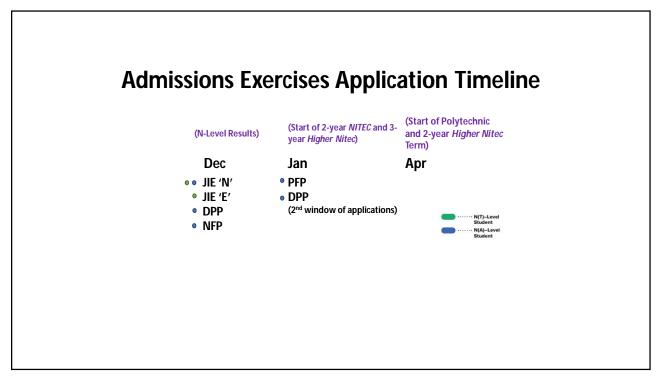
- MOE's CourseFinder
 (https://www.moe.gov.sg/coursefinder) on offerings and courses in the polytechnics and ITE
- MySkillsFuture
 (https://go.gov.sg/mysfsec) on career and education pathways

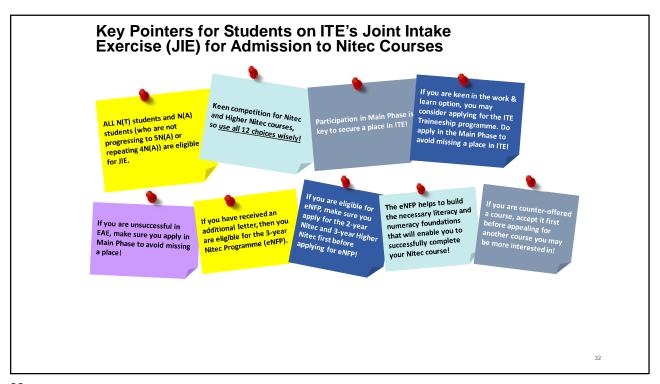
School candidates may also <u>consult their teachers or ECG Counsellors</u> in their respective secondary schools about their next steps.

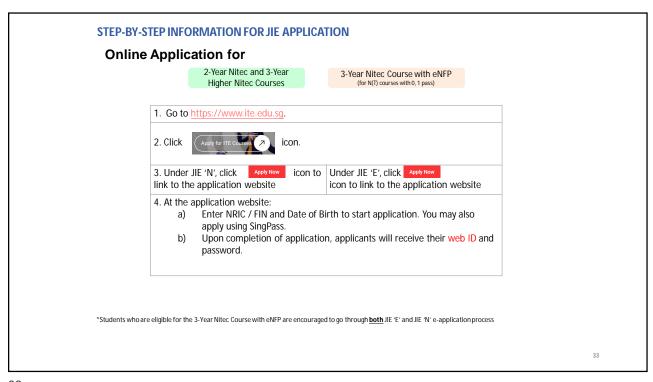
Alternatively, students can make an <u>ECG counselling appointment</u> via the ECG Centre at MOE (Grange Road) at https://go.gov.sg/moe-ecg-centre.

The MOE ECG Centre offers online or phone counselling services to GCE N(A)/N(T)-Level students from 11 to 22 December 2023 (Weekdays: 9.00 am to 5.00 pm) and 16 December (Saturday: 9.00 am to 12.00 pm).

Being eligible to apply for the PFP does not guarantee a successful placement in a PFP course.







Checking of Posting Results/Accept Course Offer 2-Year Nitec and 3-Year Higher Nitec Course (for A(t) courses with 0.1 pass) 1. Go to https://istudent.ite.edu.sg. 2. Enter web ID and password. 3. Click 'Self-Service' followed by 'Student Admission' followed by 'View Application Results' to view the application results and to accept course offer. The above steps applies to all phases (refer to Slide 9 for dates) for more details, please refer to ITE Admission Booklet.

Internet Access for NITEC/DPP Application

Day	Venue	Time
18 Dec (Mon)	Comp Lab 1	2.30 p.m. – 4.30 p.m.
19 - 22 Dec (Tue-Fri)	Comp Lab 1	8.30 a.m. – 4.30 p.m.

Pls go to ICT hub (Level 2) to look for the TA to use the Computer lab or if you need assistance

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